

Kitchen Creations

FREE Diabetes Cooking Classes!



Please join us for this **FREE** series of 4 classes!

- Learn how to plan meals that help manage diabetes.
- Practice cooking foods in healthier ways.
- Enjoy the support of others who are living with diabetes.

Provided by:



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College of Agricultural, Consumer
and Environmental Sciences



For more information about
Paths to Health NM programs,
call the **NMHealth Helpline:**
1-833-SWNURSE (1-833-796-8773)

 **PRESBYTERIAN**
Community Health

Class Details

- DAY OF WEEK:** Mondays
- DATES:** June 2, 9, 23, 30, 2025
- TIME:** 1:00-4:00 PM
- LOCATION:** San Miguel Fairgrounds
26 Rodeo Grounds Rd
Las Vegas, NM 87701
- INSTRUCTORS:** Melissa Wright, Extension Agent
Laura McCann, MS, RDN, LD
- TO REGISTER:** Call Becca at 575-646-3770 or visit
our website

kitchencreations.nmsu.edu

New Mexico State University, in cooperation with the U.S. Department of Agriculture, is an equal opportunity/affirmative action employer and educator. If you are an individual with a disability and need an auxiliary aid or service, please contact Becca Luna at 575-646-3770.

Scan this QR code
to visit our website

