

Kitchen Creations

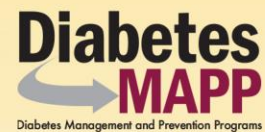
FREE Diabetes Cooking Classes!



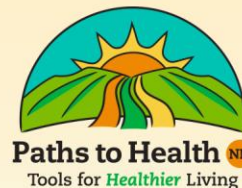
Please join us for this **FREE** series of 4 classes!

- Learn how to plan meals that help manage diabetes.
- Practice cooking foods in healthier ways.
- Enjoy the support of others who are living with diabetes.

Provided by:



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College of Agricultural, Consumer and Environmental Sciences



For more information about **Paths to Health NM** programs, call the **NMHealth Helpline: 1-833-SWNURSE (1-833-796-8773)**

PRESBYTERIAN
Community Health

Class Details

- DAY OF WEEK:** Mondays & Thursdays
- DATES:** June 1, 4, 8, 11, 2026
- TIME:** 9:00 AM-12:00 PM
- LOCATION:** San Miguel Fairgrounds
26 Rodeo Grounds Rd
Las Vegas, NM 87701
- INSTRUCTORS:** Laura McCann, MS, RDN, LD
- TO REGISTER:** Call Cassandra at 575-202-5065

kitchencreations.nmsu.edu

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